



Biathlon Yukon

Emergency Action Plan

Reviewed and approved by Biathlon Yukon Board

PURPOSE: The purpose of this plan is to provide direction and information to coaches, athletes, volunteers, and board members while at the biathlon range on how and when to execute an emergency action plan (EAP).

WHEN TO ACTIVATE THE EAP

When a person:

- Is not breathing
- Does not have a pulse
- Is bleeding profusely
- Has impaired consciousness
- Has injured the back, neck or head
- Has a visible major trauma to a limb
- Or has indicated to be under stress

WHAT TO DO:

- A) Call 911 immediately and provide directions to the biathlon range

IMPORTANT INFORMATION:

Directions to the Range

Cross Robert Campbell Bridge to Riverdale. Proceed 1km on Lewes, turn left on Alsek; proceed half a kilometer then turn left on Grey Mountain Road. The range is 4.5 km up Grey Mountain Road. The Biathlon Range is on the left and has a sign identifying its location.

Phones:

A phone is located in the Official's Hut on the counter furthest from the door. See sign. Coaches are required to carry a fully charged cell phone when coaching. There is cell reception in the range and stadium and most of the Biathlon trails.

Person in Charge:

The senior coach present is the designated in charge person. The senior coach will

appoint a "Call Person" if circumstances allow.

If situation is critical order a cease fire and call 911 as soon as possible.

See below for further instructions.

Duties of the Call Person

- Call for emergency help if not already done.
- Provide all necessary information to dispatch, location, nature of injury, number of casualties and what first aid has been done.
- Clear traffic from entrance before emergency vehicle arrives.
- Wait by the gate for emergency vehicle.
- Call emergency contact person listed on the injured person's medical file.
- Have person's medical file information available for EMS provider.

B) Application of First Aid

Important information:

Stabilize injured person

- Ensure person is breathing, has a pulse and is conscious. If not start first aid according to protocols.
- Keep person warm and do not leave unattended.
- If injury to head, neck or back keep person immobilized until EMR arrives.
- Once emergency responders arrive and provide medical attention proceed to fill out accident forms and contact parents/guardians
- Senior coach or a representative designated by the coach maybe required to accompany injured person to the hospital until parents/guardians arrive

Medical Supplies and Information:

- Secondary First Aid Kit, backboard, Naloxone kit, and blankets are located in the Bears Den. A larger primary First Aid Kit is in the Officials/Timing hut.
- Each athlete must fill out the Emergency Information Form to provide emergency contact information. These forms are kept in a binder labelled "Emergency Information Forms – CONFIDENTIAL INFORMATION to be accessed only under the Emergency Action Plan" in the Officials/Timing Hut together with the accident forms.
- On the Emergency Information Form the athlete could voluntarily provide a medical history, including existing allergies and current medications, which would be shared with the Emergency Medical Service providers under the Emergency Action Plan.
However, it would be expected that the athlete/parent/guardian would disclose any medical problem which could interfere with or deteriorate during the training to the coaches on an ongoing base. If this information is omitted the coaches shall be not liable for any adverse effect as a result of failing to disclose this information.
- The Emergency Information Form is also used when an athlete is going on an outside

trip to a competition or camp. In this case, the medical information must be provided mandatory and as complete as possible by the athlete/parent/guardian.

- The Emergency Information Form should be reviewed and signed to confirm that it is complete and up to date at least once a year by the athlete/parent/legal guardian.

Attachments: First Aid Manual
Emergency Information Form

Plan developed: August 24, 2016

Plan reviewed and approved: December 13, 2020